

Welcome to Fifth Avenue

Indulge in the art of refined self-care at Fifth Avenue, where every treatment is designed to restore balance and elevate your wellbeing.

Specialising in expert massage therapy and gentle vegan sugaring, we blend luxury, wellness and a holistic touch to deliver a 5 star experience like no other.

Give the gift of pure indulgence with a **Fifth Avenue Gift Wallet** – beautifully presented and ready to delight. Each luxury wallet allows your loved one to choose from our signature treatments and rituals, creating a bespoke experience designed just for them.

The perfect way to say thank you, happy birthday, or simply you deserve this!

5A FIFTH AVENUE

Fifth Avenue: Mini Collection

A gentle introduction to self-care
for our younger clients.

We're delighted to welcome guests under 16, who can enjoy selected treatments with a parent or guardian present throughout.

Full mini menu and prices can be found online.

Perfect for building confidence, learning healthy skincare habits, and enjoying a little pampering in a safe, nurturing environment.

Download our app for
more information or to
book an appointment...



5A FIFTH AVENUE

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Book Online

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5A FIFTH AVENUE

AWARD WINNING
SALON & TRAINING
ACADEMY

TREATMENT MENU

Massage

Our True Essence collection is a bespoke range of vegan, pre-blended aroma oils created to enhance every treatment experience. Each blend has been carefully crafted to support your individual needs — whether you seek calm, clarity, or a gentle energy boost. Infused with natural botanicals and pure essential oils, they embody our Fifth Avenue philosophy of mindful luxury and holistic wellbeing.

- Massagesfrom £30
- Full Body Massagesfrom £70

Fifth Avenue True Essence Massage

- Unwind - The De-Stress Ritual.** A calming blend designed to melt away tension, quiet the mind, and restore balance.
- Restore - The Relax Ritual.** Soft, grounding aromas ease the body and nurture the soul — your moment of pure stillness.
- Elevate - The Uplift Ritual.** A bright, mood-boosting blend to awaken your senses and leave you glowing with energy and confidence.

- Deep Tissue Massage
- Express Neck & Head Massage
- Brazilian Lymphatic Drainage Massage
- A transformative treatment designed to contour and detoxify. Using precise, sweeping movements, this massage encourages lymphatic flow to eliminate toxins, reduce bloating, and improve skin texture. You'll leave feeling sculpted, energised, and beautifully refreshed.
- Thermotherapy
- Warm Bamboo Back Massage
- Hot Stone Massage
- Lava Shell Thermal Bliss Massage

Signature Treatments "The Manhattan Collection"

- Central Park Serenity** Inspired by calm moments in the heart of the city, this full-body botanical oil ritual uses our signature True Essence blends to restore balance and serenity. Warm oils, flowing massage movements, and a mindful breathing ritual create a sense of total stillness — your sanctuary away from the everyday. Relax afterwards with a botanical blend herbal tea.
- 5th Avenue Escape** Melt away tension with this indulgent fusion of hot stone therapy and deep tissue massage, designed to release stress and restore balance. Our exclusive True Essence Balance Oil, infused with sandalwood and bergamot, enhances every movement — grounding the body and calming the mind for the ultimate Fifth Avenue escape.
- Sunset Skyline** Couples warm candle massage with warm **vanilla & amber blend.** Surrender to the warmth of a glowing candle as it melts into a sumptuous vanilla and amber-infused oil. This indulgent full-body ritual combines soothing massage with the comforting scent of dusk, enveloping the skin in lasting softness and calm. Inspired by the golden glow of a city sunset — pure Fifth Avenue indulgence.

Fifth Avenue: The Motherhood Collection

Indulge in a moment of pure serenity with our beautifully tailored Mum-to-Be Treatments at Fifth Avenue. Designed to nurture both mother and baby, these gentle, soothing rituals help to ease tired muscles, reduce tension, and restore inner calm. Using only the finest, pregnancy-safe products and expert techniques, each treatment is a blissful escape that supports your wellbeing during this precious time. Treatments are available after the first trimester, when your body is ready to fully relax and enjoy the experience.

- Mum to Be Back Massage
- Mum to Be Full Body
- Mum to Be Back Massage & Facial Combo
- Mum to Be Leg & Foot Revitaliser

Eyes on Fifth

- HD Brow | HD Brow Package | HD Brow Sculpt
- Eye Package | Eyebrow Reshape
- Eyebrow Shape & Tint | Eyebrow Tint
- Lash Lift (including tint) | Eyelash Tint

Fifth Avenue: The Facial Collection

- Fifth Avenue Signature Facial**
- This luxurious treatment combines tailored essential oils, expert facial massage, and soothing techniques to promote deep relaxation, balance, and a radiant glow. Perfect for those seeking tranquillity and skin renewal.
- Korean Contour Facial**
- A lifting and sculpting treatment using Gua Sha inspired by Korean beauty rituals, designed to refine facial contours, boost radiance, and reveal a firmer, more youthful glow.

- Rose Quartz Pressure Point Facial
- Australian Pink Clay Radiance Facial
- Sinus Buster

A targeted facial therapy designed to relieve sinus pressure, congestion, and facial tension.

Advanced Skincare

- Gold Leaf Dermaplaning**
- Followed by a luxurious gold-infused moisturiser to lock in hydration, enhance radiance and complete the glow
- Microneedling**
- Broadway Facial** (combo of microneedling & dermaplaning)
- Step into the spotlight with The Broadway Facial — a show-stopping treatment that delivers red-carpet radiance. Combining advanced dermaplaning and microneedling techniques, this facial refines, smooths, and brightens the complexion for a luminous, camera-ready glow.



EXPERT FACE & BODY SUGARING

At Fifth Avenue, we use Sugar Fix — the ultimate in smooth-skin confidence. It's all about that soft, flawless finish that makes you feel polished, put-together, and totally in control.

- Chin or Lip£10
- All Areas on Face£20
- Half Leg£35
- Full Leg£45
- Underarm£15
- Forearm£20
- Sugar Fix Signature Bikini (all hair removed)£40
- Sugar Fix Bikini Magic (ultimate skin treat for your bikini)£50
- Sugar Fix Classic Package (half leg, SFX Signature bikini & underarm)£70
- Sugar Fix Platinum Package (full leg, SFX Signature bikini & underarm)£80

Male Sugaring

Back, Chest or Back & Chest Combo

We are more than happy to sugar pre teens and will receive 20% off menu prices.

**Ask instore about our Sugar Fix VIP scheme & start your sugaring journey with us today!*

We finish every sugaring treatment with the Sugar Fix Aftercare range — a luxe blend of skin-loving favourites designed to keep you smooth, soft, and glowing. From the dreamy Fluffy Whips that melt into the skin, to the gentle Exfoliating Scrubs that keep ingrowns at bay, and the soothing Bikini Balms that calm and hydrate — every product is made to make you feel confident, fresh, and utterly flawless - The Fifth Avenue way!

Bronze on Fifth

Discover our very own exclusive Pixie Tan, a luxury, vegan and cruelty-free formula designed to give a flawless, radiant glow. Enriched with skin-loving ingredients, Pixie Tan delivers a natural, streak-free finish while nourishing and hydrating the skin. The perfect glow — only at Fifth Avenue.

- Pixie Tan£30

